

#### **FEATURED FRUITS**





**PEACHES** 



**NECTARINES** 



**PRUNES** 

# Fresh From A.J.



#### **Market News**

Ontario Romanesco has arrived! The local growing season is winding down. Roma & San Marzano Tomatoes in the bushel are still available. Stay up to date by following us on Facebook and Instagram.



#### Strawberries

Market price is climbing. Ontario late bloom available.



#### Blueberries

Market pricing is stable. Supply and quality is excellent.



#### Blackberries

Quality is excellent. Market price is high. Ontario available.



#### Raspberries

Market price is high. Quality is good.



#### Cantaloupe Melon

Shipping size #9 & #12's.
Market pricing is dropping.



#### Honeydew

Shipping honeydew size #5 & #8. Market pricing is down.



#### Watermelons

Market pricing is dropping. Texas product with great flavour.



#### Mangos

Market price is stable. Large size with good quality.



### Pineapples

Market price is high. Quality is excellent! Extra Sweet!



#### Avocado

Market price is high. Quality is excellent, supply is limited.



#### Limes

Market price is stable. Supply is good. Quality improving.



#### Lemons

Market pricing is climbing. Shipping #75, #113 & #138 count.



#### Grapes Red Seedless

Market pricing is stable. Quality is excellent. California product.

Florida Tomatoes



#### Grapes Green Seedless

Market pricing is high. Quality is excellent. California product.

## Green House Tomatoes

Ontario salad tomato.



Quality is excellent! Local Ontario still available.

Market pricing is climbing.

We recommend trying our



### Roma Tomatoes

Excellent quality & flavour. Market price is dropping.



### Asparagus

Market pricing is climbing. Thick & large sized bunches. Supply is limited.

#### FEATURED VEGETABLES



**EGGPLANT** 



# MONDAY SEPTEMBER 2ND, 2024

Fresh From A.J



### Romaine

Back to U.S.A. Romaine. Pricing is good and quality is excellent!



Market price stable. Back to U.S.A. product. Excellent quality.

### Green & Red Leaf

Cauliflower



Market pricing is down. Quality is improving.



Market price is stable. Quality is fair due to

weather.

Spring Mix / Lettuce Blends



CORN



Market pricing is stable. Quality is excellent! Ontario product.



### Broccoli

Market price saw a significant drop. Quality is excellent!



#### Celery

Market price is stable. Quality is excellent!



### **Brussel Sprouts**

Quality is excellent. Market price is dropping.



### **SWISS CHARD**



### Green Peppers



Market price is dropping. Product of Ontario. Quality is great!



## Red Peppers

Market price is stable. Quality is great!



### Yellow Pepper

Market price is stable. Quality is great!



#### Green Beans

Local Green & Fine French beans. Quality is excellent!



### Carrots

Market price is dropping. Quality is very good. Ontario product.





Prices are stable Red and Spanish Onions.



ROMANESCO

### **Potatoes**



Prices are steady. New crop of Ontario potatoes.

# Potatoes Yukon Gold



Quality is excellent. New Crop of Ontario Potatoes.

