

# **FEATURED FRUITS**





**PEACHES** 

# A STATE OF THE STA

# **NECTARINES**



**PRUNES** 

# Fresh From A.J.

MONDAY SEPTEMBER 16th, 2024

# **Market News**

Fall is near as Pumpkins & Fall Mums are here. Canadian carrots, from large to bunched medley now available. Fall staples such as squash and root vegetables are all available.



# Strawberries

Market price is stable. Ontario late bloom available.



# Blueberries

Market pricing is high. Supply and quality is excellent.



# Blackberries

Quality is excellent. Market price is high.



# Raspberries

Market price is high. Quality is good.



# Cantaloupe Melon

Shipping size #9 & #12's. Market pricing is steady, but still on high side.



# Honeydew

Shipping honeydew size #5 & #8. Market pricing is stable, but high.



## Watermelons

Market pricing is stable. Texas product with great flavour.



# Mangos

Market price is stable. Size #7 with good quality.



# Pineapples

Market price is high. Quality is excellent! Extra Sweet!



# Avocado

Market price is coming down, Quality is excellent, supply is improving.



# Limes

Market price is high. Supply is limited. Quality is great!



# Lemons

Market pricing is climbing. Shipping #64 & #100 count.



# Grapes Red Seedless

Market pricing is stable. Quality is excellent. California product.

Florida Tomatoes



# Grapes Green Seedless

Market pricing is high. Quality is excellent. California product.

# **Green House Tomatoes**

Ontario salad tomato.



Quality is excellent! Local Ontario still available.

Market pricing is dropping.

We recommend trying our



# Roma Tomatoes

Excellent quality & flavour. Market price is stable.



# Asparagus

Market pricing is high. Thick & large sized bunches. Supply is limited.

# **FEATURED VEGETABLES**



**EGGPLANT** 



# MONDAY SEPTEMBER 16th, 2024

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# Romaine

Back to U.S.A. Romaine. Pricing is good and quality is excellent!



# Iceberg

Market price stable. Back to U.S.A. product. Excellent quality.

# Green & Red Leaf

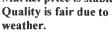
Cauliflower



Market pricing is down. Quality is improving.



# Market price is stable.





**CORN** 



Market pricing is stable. Ontario product. Purple & Golden available.



# Broccoli

Market price is stable. Quality is excellent!



# Celery

Market price is stable. Quality is excellent!



# **Brussel Sprouts**

Quality is excellent. Market price is dropping.



**SWISS CHARD** 

# Green Peppers



Market price is dropping. Product of Ontario. Quality is great!



# Red Peppers

Market price is stable. Quality is great!



# Yellow Pepper

Market price is stable. Quality is great!



# Green Beans

Local Green & Fine French beans. Quality is excellent!



# Carrots

Market price is dropping. Quality is very good. Ontario product.



# Onions Red & Spanish

Potatoes Yukon Gold



Prices are coming down. Red and Spanish Onions.



**ROMANESCO** 

# **Potatoes**



Prices are steady. New crop of Ontario potatoes.

# Quality is excellent. New Crop of Ontario Potatoes.

