

#### **FEATURED FRUITS**



#### **PEACHES**



**LOCAL STRAWBERRIES** 



**CHERRIES** 

# Fresh From A.J.

# MONDAY JUNE 24th, 2024

# **Market News**

The market overall saw a jump this week.

Our latest local arrivals include fava beans, kohlrabi, snow peas, stem cherry tomatoes and mint. Follow us on IG @ a.j.lanzarottaproduce



#### Strawberries

Market price is climbing. California berry with excellent quality.



#### Blueberries

Market pricing is stable. Shipping full pints from U.S.A.



#### Blackberries

Price is slightly stable. Ouality is fair.



#### Raspberries

Price is climbing. Quality is good.



#### Cantaloupe Melon

Shipping size #9 & #12's. Market pricing is stable.



#### Honeydew

Shipping honeydew size #5 & #8. Market pricing is stable.



### Watermelons

Market pricing is steady. Texas product with great flavour



#### Mangos

Market price is stable. Large size with good quality.



## Pineapples

Market price is dropping. Quality is excellent! Extra Sweet!



#### Avocado

Market price is very high. Quality is excellent. Shipping #36 & #12.



#### Limes

Market price is stable. Supply is good. Quality improving.



#### Lemons

Market pricing is stable. Shipping #72 & #138 count.



#### Grapes Red Seedless

Market pricing is dropping. Quality is excellent.



#### Grapes Green Seedless

Market pricing is climbing. Quality is excellent.

#### ALLED DIEG

# Florida Tomatoes



Market pricing is climbing. We recommend trying our salad tomato.



# Roma Tomatoes

Excellent quality & flavour. Market price is on the high side and climbing.



#### Green House Tomatoes

Quality is excellent!
Local Ontario still
available.



#### Asparagus

Market pricing is climbing. Local product. Thick & large sized bunches.

#### FEATURED VEGETABLES



ROMAINE LETTUCE





**ASPARAGUS** 



**SWISS CHARD** 



**FAVA BEANS** 

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#### Romaine

Local Romaine. Quality is excellent!



#### Iceberg

Market price is coming

# Green & Red Leaf



Market pricing is stable. Quality is improving.



# Spring Mix / Lettuce Blends



Market price is stable. Quality is fair due to weather.

# Cauliflower



Market pricing is stable. Quality is excellent!



#### Broccoli

Market price is very high. Quality is excellent!

### Celery



Market price is stable. Quality is excellent!



#### **Brussel Sprouts**

Quality is excellent. Market price is climbing.

# Green Peppers



Market price is climbing. Product of U.S.A. Quality is great!



# Red Peppers



Market price is climbing. Quality is great!

# Yellow Pepper



Market price is climbing. Quality is great!



# Green Beans

Quality is improving. Fine French beans are a good alternative.

# Carrots



Market price is high. Quality is very good. Ontario product.

# Onions Red & Spanish



Prices are high and climbing for Red and Spanish Onions.

#### Potatoes



Prices are steady. Ontario & U.S.A. potatoes.

#### Potatoes Yukon Gold



Quality is excellent. Market price is stable. Local Ontario product.

