



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY JUNE 17th, 2024



Market News

The bell peppers are climbing in market price. Local arrivals this week include fava beans, kohlrabi, snow peas, stem cherry tomatoes and mint. Follow us on IG @ a.j.lanzarottaproduce

FEATURED FRUITS




PEACHES



LOCAL STRAWBERRIES



CHERRIES

Strawberries

 Market price is great. California berry with excellent quality.

Blueberries

 Market pricing is stable. Shipping full pints from U.S.A.

Blackberries

 Price is slightly stable. Quality is excellent!

Raspberries

 Market pricing is down. Quality is good.

Cantaloupe Melon

 Shipping size #9 & #12's. Market pricing is stable.

Honeydew

 Shipping honeydew size #5 & #8. Market pricing is down.

Watermelons

 Market pricing is steady. Texas product with great flavour

Mangos


 Market price is stable. Large size with good quality.

Pineapples

 The market price is high. Quality is excellent! Extra Sweet!


Avocado


 Market price is very high. Quality is excellent. Shipping #48 & #14.

Limes

 Market price is stable. Supply is good. Quality improving.

Lemons

 Market pricing is stable. Shipping #75 & #113 count.

Grapes Red Seedless

 Market pricing is dropping. Quality is excellent.

Grapes Green Seedless

 Market pricing is dropping. Quality is excellent.

Florida Tomatoes

 Market pricing is stable. We recommend trying our salad tomato.

Roma Tomatoes

 Excellent quality & flavour. Market price is on the high side.

Green House Tomatoes

 Quality & market price is excellent! Local Ontario still available.

Asparagus

 Market pricing is climbing. Local product. Thick & large sized bunches.

FEATURED VEGETABLES



ROMAINE LETTUCE



ASPARAGUS



SWISS CHARD



















FAVA BEANS



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<p>Romaine</p>  <p>Local Romaine. Quality is excellent!</p>	<p>Iceberg</p>  <p>Market price is coming down.</p>
<p>Green & Red Leaf</p>  <p>Market pricing is high. Quality is improving.</p>	<p>Spring Mix / Lettuce Blends</p>  <p>Market price is stable. Quality is fair due to weather.</p>
<p>Cauliflower</p>  <p>Market pricing is stable. Quality is excellent!</p>	<p>Broccoli</p>  <p>Market price is very high. Quality is excellent!</p>
<p>Celery</p>  <p>Market price is stable. Quality is excellent!</p>	<p>Brussel Sprouts</p>  <p>Quality is excellent. Market price is climbing.</p>
<p>Green Peppers</p>  <p>Market price is climbing. Product of U.S.A. Quality is great!</p>	<p>Red Peppers</p>  <p>Market price is climbing. Quality is great!</p>
<p>Yellow Pepper</p>  <p>Market price is climbing. Quality is great!</p>	<p>Green Beans</p>  <p>Quality is poor. Fine French beans are a good alternative.</p>
<p>Carrots</p>  <p>Market price is high. Quality is very good. Ontario product.</p>	<p>Onions Red & Spanish</p>  <p>Prices are high and climbing for Red and Spanish Onions.</p>
<p>Potatoes</p>  <p>Prices are steady. Ontario & U.S.A. potatoes.</p>	<p>Potatoes Yukon Gold</p>  <p>Quality is excellent. Market price is stable. Local Ontario product.</p>

