



Fresh From A.J.

MONDAY JANUARY 13th, 2025



Market News

The leaf vegetable market pricing and supply has stabilized to normal levels. Our bell peppers continue to remain high.

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STAR FRUIT



STRAWBERRIES



CLEMENTINES

 <p>Strawberries Market price is stable. Quality is excellent.</p>	 <p>Blueberries Market pricing is stable. Supply and quality is excellent.</p>
 <p>Blackberries Market price is stable. Excellent quality!</p>	 <p>Raspberries Market price is stable. Quality is very good.</p>
 <p>Cantaloupe Melon Shipping size #9 & 12. Market pricing is high.</p>	 <p>Honeydew Shipping honeydew size #6 & #8. Market pricing is stable, but high.</p>
 <p>Watermelons Market pricing is high. U.S.A. product with great flavour.</p>	 <p>Mangos Market price is down. Size #8 with good quality.</p>
 <p>Pineapples Market price is high. Quality is excellent! Extra Sweet!</p>	 <p>Avocado Market price is stable. Quality is excellent, supply is improving. 20's & 12's</p>
 <p>Limes Market price is high. Quality is great!</p>	 <p>Lemons Market pricing is steady. Shipping #75 & #140 count.</p>
 <p>Grapes Red Seedless Market pricing is high. Quality is excellent. California product.</p>	 <p>Grapes Green Seedless Market pricing is high. Quality is excellent. California product.</p>
 <p>Florida Tomatoes Market pricing is dropping.</p>	 <p>Roma Tomatoes Excellent quality & flavour. Market price is stable.</p>
 <p>Green House Tomatoes Quality is excellent! Ontario Hot House.</p>	 <p>Asparagus Market pricing is high. Thick & large sized bunches. Supply is limited.</p>



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ROMAINE LETTUCE



ICEBERG LETTUCE



GREEN & RED LEAF LETTUCE



Romaine

Pricing is down.
Quality is excellent!



Iceberg

Market price is stable and
quality is excellent!



Green & Red Leaf

Market pricing is high.
Quality is excellent.



Spring Mix / Lettuce Blends

Market price is down.
Quality is excellent.



Cauliflower

Market pricing is stable.
Ontario product. Purple,
Golden & Romanesco.



Broccoli

Market price is stable.
Quality is stable!



Celery

Market price is stable.
Quality is excellent!



Brussel Sprouts

Quality is excellent.
Market price is stable.



Green Peppers

Market price is high.
Quality is fair.
Product of U.S.A.



Red Peppers

Market price is very high.
Quality is good.



Yellow Pepper

Market price is very high.
Quality is great!



Green Beans

Quality is excellent!
Pricing is stable.



Carrots

Market price is climbing.
Quality is very good.
Ontario product.



Onions Red & Spanish

Prices are stable.
Quality is excellent.
Red and Spanish Onions.



Potatoes

Prices are steady.
New crop of Ontario &
P.E.I. potatoes.



Potatoes Yukon Gold

Quality is excellent.
New Crop of P.E.I. potatoes.

